

2025-2026 Freshman Recommended & Elective Course Options

Physical Education Options:

- (5101-5102) PE-9th grade only
- (5213/5214) Fitness/Weight Conditioning
- (5141/5142) Power Walking
- (5215-5216) Athletic Weights
- (must try out for a Spanish Springs HS sports team)

Arts, Humanities, CTE Options:

(Can also be taken for elective credit)

- (6599) Music Appreciation (Semester)
- (6107 or 6108) Foundations in Art (Semester)
- (6718) Beginning Guitar (Semester)
- (6751) Color Guard (Fall Semester Only)
- (6105) Intro Interior Design (Semester)
- (8019) Intro Digital Photography (Semester)
- (6223) Video Game Design (Semester)
- (1409-1410) Journalism (Year)
- (6411-6412) Speech and Debate (Year)
- (6111-6112) Art 1-2 (Year)
- (6131-6132) Ceramics (Year)
- (6501-6502) Theater 1-2 (Year)
- (6506-6513) Musical Theatre Workshop (Year)
- (6467-6468) Technical Theater (Year)
- (6801-6802) Concert Choir (Year)
- (6641-6642) Concert Orchestra (Year)
- (6705-6706) Marching Band (Year)*
- (6647-6648) Symphonic Band (Year)
- (6715-6716) Percussion (Year)
- (6707-6708) Jazz Band (Year)
- (33901-33902) Military Science I (Year)**
- (35201-35202) Family Consumer Science I (Year)
- (33701-33702) Teaching & Training I (Year)
- (39101-39102) Auto I (Year)
- (33101-33102) Principles of Business Marketing (Year)
- (36201-36202) Cybersecurity I (Year)
- (32301-32302) Multimedia Comm I (Year)
- (32101-32102) Graphic Design I (Year)
- (32601-32602) Video Production I (Year)
- (36501-36502) Web Design I (Year)
- (36101-36102) Adv. Computer Science I (Year)***

*Students will receive a PE exemption for each Fall Semester of Marching Band they successfully complete.

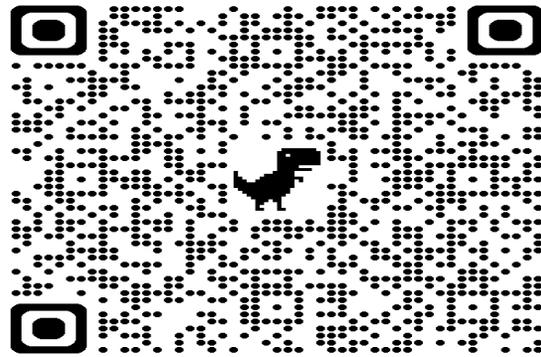
**Students will receive a PE exemption for each semester of Military Science they successfully complete.

***Successful completion of both semesters will satisfy the computer literacy requirement for graduation.

General Signature Academies Information:

www.washoeschools.net/Page/1168

1st round of SSHS Signature Applications were due on 2/14/2025. We have now entered our 2nd round of applications. If interested in the C3 Media or Sports Medicine Academies, please scan the QR Code below and complete the application after your parent has completed the enrollment process for the 2025/2026 school year. **Applications are due no later than 11:59pm on Wednesday, March 12th.** (Please note, completing this application may result in addition to the waitlist as we are still running the lottery process from the 1st round of applications).



Sports Medicine Academy-Year 1 Course:

34201-34202 Principles of Health Science
(Successful completion of both semesters will satisfy the health requirement for graduation.)
(Must be accepted into the Sports Med. Academy.)

C3 Media Academy-Year 1 Course Options:

32301-32302 Multimedia Comm I
32101-32102 Graphic Design I
32601-32602 Video Production I
36501-36502 Web Design I
(Students can take any of the above media classes without applying to the C3 media academy. Priority enrollment will be given to students accepted into the C3 Media Academy.)

Elective Options:

- (4611-4612) Spanish 1-2 (Year)
- (4613-4614) Spanish 3-4 (Year)
- (4771-4772) Paiute 1-2 (Year)
- (2029-2030) Algebra 1 Support (Year)
- (1101-1102) English Support (Year)
- (8301) Personal Finance (Semester)
- (1502) Sports Literature (Semester)
- (4257) History Through Film (Semester)